

ZERO TOLERANCE BLEEDING OF GUM TISSUE BECAUSE:

Gum tissue that bleeds regularly when brushing, flossing or during your periodontal exam indicates **infection. This is an infection that is circulating throughout your body.**

- When the gum tissue becomes infected, over 500 different types of bacteria from the mouth can easily enter your bloodstream and “set up shop” and do damage to other parts of your body. Current evidence-based research has shown that some of these bacteria and their byproducts can cause weakening of arterial walls leading to aneurisms and strokes.
- Some of the bacteria in dental plaque have also been found in the plaque that clogs arteries leading to a heart attack. People with gum disease are two times more likely to die from a heart attack and three times more likely to die from a stroke.
- Research has shown that treating gum disease can reverse blood vessel lesion!
- Chronic gum disease can lead to 400 - 700% increase risk of death in diabetics.
- Effective brushing and flossing can help to reverse the disease.
- Often in-office therapeutic cleaning of the teeth is required instead of the regular dental cleaning. This will remove toxins that have built up under the gumline and contaminated the root surfaces.
- Sometimes your immune system needs to be built up with special supplements called nutraceuticals and improved diet.
- **CRP (C-reactive protein)** is a chemical that can be released by the liver when inflammation is present in the body. When the gums are infected, inflammation is present. Elevated CRP levels can have more of an impact on heart disease than high cholesterol. A simple blood test by your doctor or dentist can be done to determine CRP levels. Treating gum disease has the potential to reduce CRP by 25 - 30%!!